



Helping children

SPARKLE

Underpinning evidence



- Children and young people who are anxious, angry or depressed don't learn. (Goleman)
- There is no separation of mind and emotions; emotions, thinking and learning are linked. (Jensen 1998)
- A resilient child or young person can resist adversity, cope with uncertainty and recover more successfully from traumatic events or episodes

**How do you feel
about
learning?**



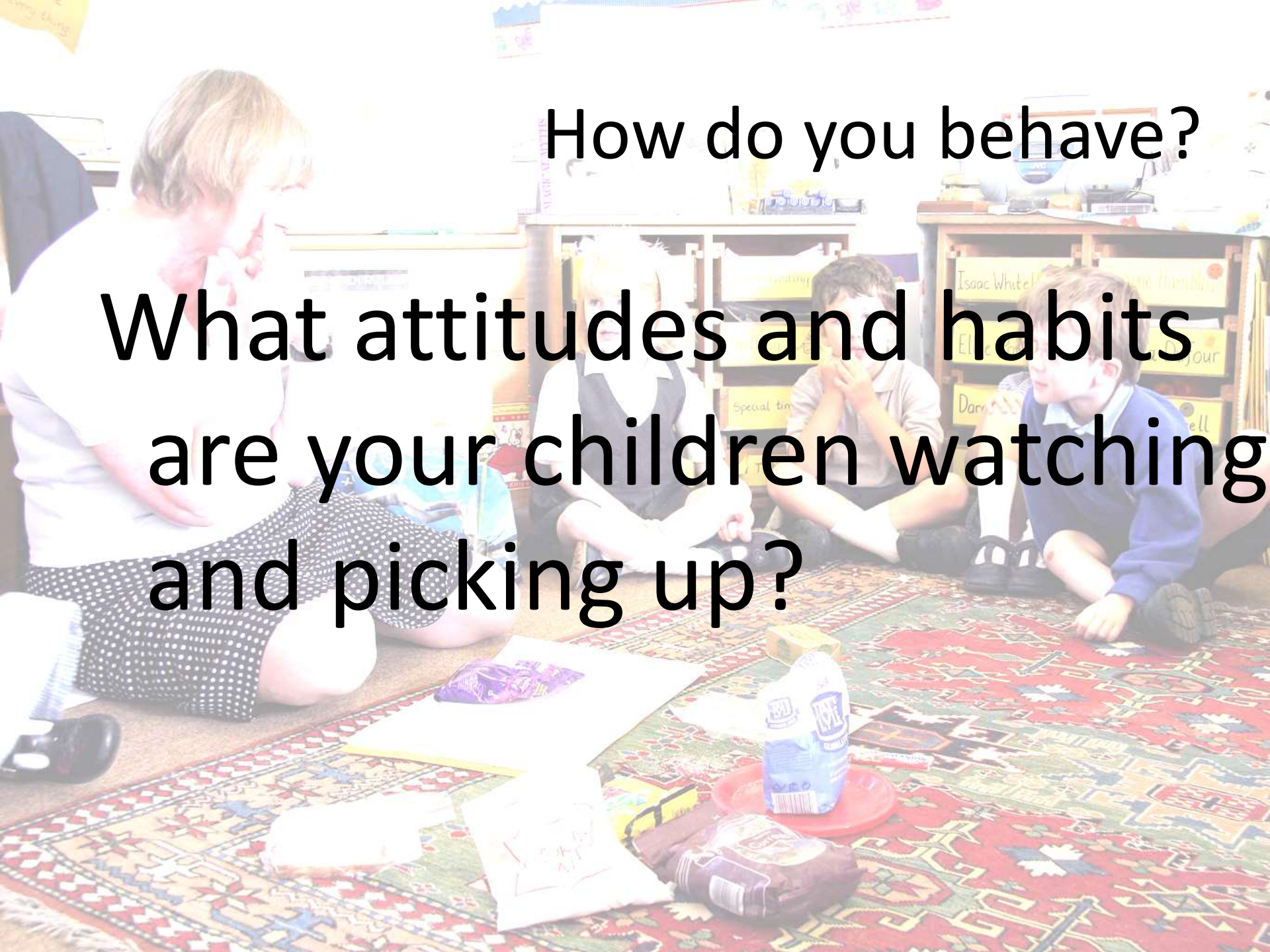
**How do you
make me feel
about
learning?**

What do the following words mean

- Values
- Attitudes
- habits

Mind
Change

The text 'Mind Change' is displayed in a large, light-colored, outlined font. A solid yellow circle is positioned to the right of the word 'Mind', partially overlapping the space between 'Mind' and 'Change'. The background is a light blue gradient with a faint grid pattern.

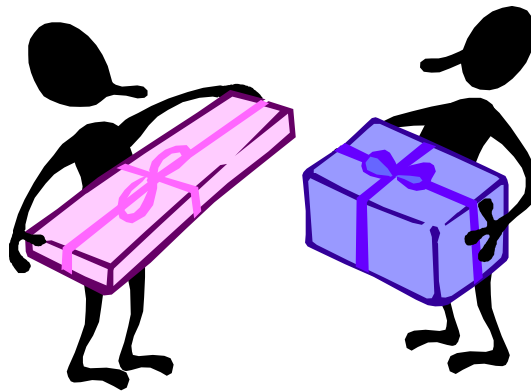


How do you behave?

What attitudes and habits
are your children watching
and picking up?

Gifts

- Of all the gifts you value the most as a parent, which one would you make sure your children had by the time they left school?



The gifts most requested

- Self – esteem
 - Self-worth
 - Self-respect
 - Self-love
 - Self-confidence
- Various others, e.g.
Love of learning
Love of Literature
Love of music
Reaching their full
Potential.

98%

2%